

Blueberry Vegan Nice Cream

Cook: 5 minutes



Step 1.

Place the bananas, blueberries, extract & milk into the Wolf blender, on ICE setting and blend.

Step 2.

You may need to stop and stir ingredients once or twice but once at thick consistency, pour into bowls and serve.

Step 3.

Add garnish of choice, sliced almonds & extra fruit. Any leftovers can be frozen.

Ingredients

Serves 2-3

3 frozen skinned & chopped bananas

100g (1/2 cup) frozen blueberries

1 tsp vanilla extract

100g non dairy vegan milk (any preferred option is fine)